

Community Resource Directory for Baltimore, MD

Please Note: The resources in this directory are national and local resources and service providers that support individuals impacted by gun violence. This list was compiled by local Everytown Survivor Network and Moms Demand Action volunteers. The Everytown Survivor Network and Moms Demand Action do not endorse or recommend any specific service provider.

NATIONAL RESOURCES

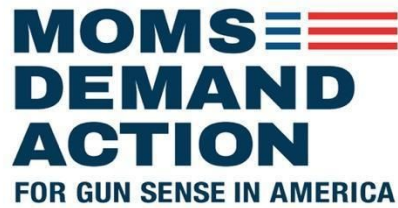
National Distress Helpline (all ages)	1-800-985-5990
National Suicide Prevention Lifeline (all ages)	1-800-273-8255
National Domestic Violence Hotline	1-800-799-7233
National Sexual Assault Hotline (all ages)	1-800-656-4673
Trevor Line (for LGBTQ teens and young adults)	1-866-488-7386

FINDING LOCAL RESOURCES

If you are a survivor of gun violence, you may need local resources. Most communities offer information and referral services that can help you connect to services and programs close to home. Below are instructions on how to find help with common needs following a crisis event:

1. Contact your local or state resource by dialing 2-1-1 on your phone. 2-1-1 is a formal information and referral system that gathers, organizes, and maintains information on community services and programs. When you call 2-1-1, be prepared to provide your zip code and a list of needs.
2. Alternatively, you can search the internet for 2-1-1 databases that apply to your state, city, or area. Type "2-1-1" and the name of your state or city into the search box. Your search results will likely give you a link to your state or local 2-1-1. Once you arrive at the 2-1-1 site, you will be prompted to enter your zip code. You can browse the site by need category (i.e. crisis hotline, crime victim compensation, etc.), or you can search by the name of a particular agency.
3. Here is a space for you to note some of your local crisis services:

CRISIS SERVICE OR PROGRAM	AGENCY NAME	AGENCY NUMBER
Crisis Hotline	Maryland Coalition of Families: Baltimore Crisis Line Baltimore Crisis Response	Dial 2-1-1 and press 1 410-433-5175
Crime Victim Compensation/Assistance	Maryland Crime Victim Resource Center	410-234-9885
Mobile Crisis Unit	Baltimore Health System	410-433-5175
Mental Health Services		
Outpatient counseling	Mosaic Community Services Baltimore Health System (referrals) Apex Counseling Center, LLC Aspire Wellness Center Associated Catholic Charities: BCARS (also has crisis line) Baltimore Behavioral Health Baltimore City Counseling Center	443-683-8053 410-433-5175 410-522-1181 443-442-1568 410-433-5175 410-962-7180 410-327-6503 410-466-9200



	Jewish Community Center New Vision Behavioral Health Tree of Life Counseling Universal Counseling Services	410-254-4343 410-358-1111 410-752-5525
Inpatient psychiatric treatment	Sheppard Pratt Health System Johns Hopkins Hospital Bon Secours	410-938-3000 410-955-5000 410-362-3585
Domestic Violence Hotline	Turnaround Inc. House of Ruth	410-837-7000 410-889-0840
Other	National Alliance on Mental Illness (NAMI)	410-435-2600

EMPLOYEE ASSISTANCE PROGRAMS

Many people who work, or whose spouse/partner work, have access to what is called an Employee Assistance Program (EAP). These programs are offered by employers to help employees with a crisis or other counseling needs. Some EAPs are offered as part of an insurance plan, others are independent. You can look at the back of an insurance card to see if an EAP number is listed, or you can call your human resources department to see if an EAP is offered.

EVERYTOWN FOR GUN SAFETY RESOURCE SHEETS

Everytown has prepared information on several topics that can be easily accessed by going to our [Moments That Survive](#) page, including the following:
[Trauma and Gun Violence](#)
[Acute Stress Disorder and Post-Traumatic Stress Disorder](#)
[Taking Care of Yourself](#)
[Coping With Traumatic Grief](#)
[Children's Responses to Trauma](#)